



UltraMeal® Advanced Protein Medical Food

Support for the Nutritional Management of Sarcopenia

Form: Powder
Flavor: Plain
Size: 14 Servings

UltraMeal Advanced Protein® is a medical food specially formulated to support the nutritional management of sarcopenia. This advanced formula features essential amino acids, including added leucine, to support the healthy aging of skeletal muscle and to help address sarcopenia, the age-associated loss of skeletal muscle mass.

Each serving provides 20 g of protein from a proprietary blend of pea and rice and amino acids. 10 g (of the total protein) consist of essential amino acids including 5 g of BCAA, which, combined with exercise, may help support muscle maintenance.

Cocoa polyphenols support processes that contribute to healthy blood flow and vascular function.

Additionally UltraMeal Advanced Protein contains 20+ essential vitamins and minerals—including calcium L-5-methyltetrahydrofolate (L-5-MTHF, a body-ready folate), methylcobalamin (vitamin B₁₂)—to support protein synthesis and healthy metabolic function, and 4 g of prebiotic isomaltoligosaccharides.

| Ingredients | Amount Per Serving |
|--|------------------------|
| Information per Serving: | |
| Serving Size | About 2 Scoops (41.5g) |
| Servings per Container | 14 |
| Calories | 160 |
| Total Fat | 6 g |
| Saturated Fat | 1 g |
| Trans Fat | 0 g |
| Polyunsaturated Fat | 1.5 g |
| Monounsaturated Fat | 3 g |
| Cholesterol | 0 mg |
| Sodium | 180 mg |
| Potassium | 120 mg |
| Total Carbohydrate | 9 g |
| Dietary Fiber | 5 g |
| Sugars | 1 g |
| Protein | 18 g [†] |
| Typical Amino Acid Profile per Serving* | |
| Amino Acid | mg/Serving |
| L-Alanine | 820 mg |
| L-Arginine*** | 1,610 mg |
| L-Aspartic Acid | 2,020 mg |
| L-Cystine (Cysteine)*** | 220 mg |
| L-Glutamic Acid | 3,060 mg |
| Glycine*** | 750 mg |
| L-Histidine** | 450 mg |
| L-Isoleucine (BCAA)** | 1,340 mg |

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| L-Leucine (BCAA)** | 2,510 mg |
| L-Lysine** (as L-lysine HCl) | 1,500 mg |
| L-Methionine** | 240 mg |
| L-Phenylalanine** | 1,000 mg |
| L-Proline *** | 810 mg |
| L-Serine*** | 950 mg |
| L-Threonine** | 1,590 mg |
| L-Tryptophan** | 190 mg |
| L-Tyrosine*** | 740 mg |
| L-Valine (BCAA)** | 1,400 mg |

| Percentage of Reference Daily Intakes (RDI) | | |
|--|--------------------|-------|
| Each Serving Contains: | Amount Per Serving | % RDI |
| Vitamin A | 1,250 IU | 25% |
| Vitamin C | 30 mg | 50% |
| Calcium | 70 mg | 8% |
| Iron | 5 mg | 30% |
| Vitamin D | 400 IU | 100% |
| Vitamin E | 7.5 IU | 25% |
| Thiamin | 0.375 mg | 25% |
| Riboflavin | 0.425 mg | 25% |
| Niacin | 5 mg | 25% |
| Vitamin B ₆ | 0.5 mg | 25% |
| Folate (as calcium L-5-methyltetrahydrofolate) ^{††} | 185.2 mcg | 45% |
| Vitamin B ₁₂ (as methylcobalamin) | 1.5 mcg | 25% |
| Biotin | 75 mcg | 25% |
| Pantothenic acid | 2.5 mg | 25% |
| Phosphorus | 220 mg | 25% |

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| Iodine | 37.5 mcg | 25% |
| Magnesium | 150 mg | 40% |
| Zinc | 11.25 mg | 80% |
| Selenium | 52.5 mcg | 80% |
| Copper | 1.5 mg | 80% |
| Manganese | 1.5 mg | 80% |
| Chromium | 120 mcg | 100% |
| Chloride | 220 mg | 6% |
| Total Polyphenols (from cocoa beans) | 100 mg | ††† |
| Alpha-Linolenic Acid (ALA) (from flaxseed) | 500 mg | ††† |

Ingredients: Pea protein isolate, rice protein concentrate, isomaltoligosaccharide, high oleic sunflower oil, flaxseed, magnesium citrate, L-leucine, cocoa powder, L-threonine, L-isoleucine, L-valine, L-lysine HCl, silica, vitamin and mineral blend (zinc gluconate, ascorbic acid, manganese gluconate, d-alpha tocopheryl acetate, copper gluconate, D-biotin, retinyl palmitate, niacinamide, cholecalciferol, d-calcium pantothenate, chromium picolinate, pyridoxine HCl, riboflavin, potassium iodide, thiamin HCl, calcium L-5-methyltetrahydrofolate, selenomethionine, and methylcobalamin), and antioxidant blend (natural flavors and ascorbic acid).

Directions: Take one serving one to two times daily, or as directed by your healthcare practitioner. Blend, shake, or briskly stir 2 scoops (41.5 g) into 8-10 ounces of chilled water.

NOTICE: THIS PRODUCT IS TO BE USED UNDER THE DIRECT SUPERVISION OF A PHYSICIAN OR OTHER LICENSED HEALTHCARE PRACTITIONER.



DO NOT ENGAGE IN ANY DIET SUPPLYING LESS THAN 800 CALORIES PER DAY WITHOUT MEDICAL SUPERVISION.

This product is non-GMO and gluten-free.

Tamper Evident: Do not use if safety seal is missing or broken.

Storage: Keep tightly closed in a cool, dry place. Keep out of reach of children.

* Contributed by pea protein, added amino acids, and rice protein

** Essential amino acid

*** Conditionally essential amino acid

[†]21 g total protein with added amino acids: L-leucine, L-threonine, L- valine, L-isoleucine, and L-lysine

^{††}As Metafolin[®]. Metafolin[®] is a registered trademark of Merck KGaA, Darmstadt Germany

^{†††}Daily value not established.

WARNING: Consuming this product can expose you to chemicals including lead, which are known to the State of California to cause cancer and birth defects or other reproductive harm.

For more information go to

www.P65warnings.ca.gov/food