



Product No. RN150

Physician's Daily™

Complete Multivitamin with D3 – Iron free

Features & Benefits*

Physician's Daily™ is an advanced Multi-vitamin, including:

- High dose Vitamin D3
- One capsule Per Day
- Methylated B12 as methylcobalamin
- Methylated Folate as 6(s) 5-methyltetrahydrofolic acid - Quartrefolic®
- Active B6 as pyridocal-5
- Phosphate
- Iron-free

Suggested Use

As a dietary supplement, take one capsule daily with food, or as directed by your healthcare practitioner.

Cautions

If pregnant or nursing, consult your healthcare practitioner before taking this product.

Supplement Facts

Serving Size: 1 Capsule		Servings Per Container: 60	
Amount Per Serving		%Daily Value**	
Vitamin A (as 50% Retinyl Acetate, 50% Mixed Carotenoids)	1,050 mcg	117%	
Vitamin C (as Ascorbic Acid)	150 mg	167%	
Vitamin D3 (as Cholecalciferol)	50 mcg	250%	
Vitamin E (as d-alpha Tocopheryl Succinate)	20 mg	134%	
Vitamin K2 (as Menaquinone-7)	50 mcg	42%	
Thiamine (as Thiamine HCl)	5 mg	417%	
Riboflavin (as Riboflavin 5-Phosphate)	3.5 mg	269%	
Niacin (as Niacinamide)	20 mg	125%	
Vitamin B6 (as Pyridoxal 5-Phosphate)	5 mg	294%	
Folate (as [6s]-5-Methyltetrahydrofolic Acid)	400 mcg	100%	
Vitamin B12 (as Methylcobalamin)	500 mcg	20,833%	
Biotin (as Methylcobalamin)	300 mcg	1,000%	
Pantothenic Acid (as Ca Pantothenate)	10 mg	200%	
Choline (as Choline Bitartrate)	25 mg	5%	
Iodine (as K Iodide)	150 mcg	100%	
Zinc (as Zn Citrate)	25 mg	227%	
Selenium (as Selenomethionine)	50 mcg	91%	
Manganese (as Mn Citrate)	2 mg	87%	
Chromium (as Cr Polynicotinate)	200 mcg	571%	
Molybdenum (as Molybdenum Glycinate Chelate)	75 mcg	167%	
Coenzyme Q10	50 mg	†	
Alpha Lipoic Acid	50 mg	†	
Inositol	25 mg	†	
Lutein	3 mg	†	
Boron (as B Amino Acid Chelate)	1 mg	†	
Lycopene	500 mcg	†	
Zeaxanthin	500 mcg	†	

** Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

OTHER INGREDIENTS: Vegetarian Cellulose (Capsule), Microcrystalline Cellulose, Vegetarian Leucine.

Free of: gluten

Highlighted Ingredients:

Features	Benefits*
Vitamin D3 (2,000 IU per capsule)	<ul style="list-style-type: none"> • High dose may mean that patients may not need a separate Vitamin D-3 supplement • Clinically studied to promote healthy neurological function • Promotes healthy cognitive function • Promotes healthy bone strength/density
B-12 (as Methylcobalamin)	<ul style="list-style-type: none"> • Active form of B12 that is absorbed & available to the body • Many patients have methylation issues, limiting the conversion of standard B12 (cobalamin) into active B12 (methylcobalamin)
Folate (as Methylated Folate - 6(S) 5-methyltetrahydrofolic acid – Quartrefolic®)	<ul style="list-style-type: none"> • Essential nutrient to promote healthy homocysteine and cardiovascular health • Formula includes the high absorption form, appropriate for the methylation challenged
B6 (as Pyridoxal-5-phosphate)	<ul style="list-style-type: none"> • Essential nutrient to promote healthy homocysteine and cardiovascular health • Preferred Pyridoxal-5-phosphate is the active form, promoting healthy aging • Promotes healthy cognitive, kidney, vision functions

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.