Metagenics



Meta Lipoate 300 60T

High Quality Alpha-Lipoic Acid

Form: Tablets
Flavor:
Size: 60 Tablets

Meta Lipoate® 300 features high quality alpha-lipoic acid (ALA) in a convenient, one tablet dosage of 300 mg. ALA may protect tissues from free radicals, as well as support healthy glucose metabolism and nerve tissue health. ALA has broad antioxidant activity in both aqueous and fatty tissues. It not only scavenges free radicals, but also recycles other antioxidants—factors contributing to many of its benefits.*

Ingredients	Amount Per Serving	% Daily Value
Serving Size	1 Tablet	
Servings Per Container	60	
Total Carbohydrate	<1 g	<1%*
Dietary Fiber	<1 g	<1%*
Alpha-Lipoic Acid	300 mg	**

Other Ingredients: Microcrystalline cellulose, magnesium stearate (vegetable), and silica.

Directions: Take one tablet daily or as directed by your healthcare practitioner.

This product is non-GMO, gluten-free, and vegetarian.

Storage: Keep tightly closed in a cool, dry place.

*Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value not established.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.