

Exogenous Ketone Salts

Induces acute ketosis within 15 minutes†**

Form: Powder

Flavor: Berry Blast

Size: 9.28 oz (263.2 g) Powder

Exogenous Ketones, in the form of beta-hydroxybutyrate (βHB) salts, rapidly induce acute ketosis within 15 minutes[†] and support ketogenic program goals.*



Ingredients	Amount Per Serving	% Daily Value
Serving Size	1 Scoop (19 g)	
Servings Per Container	About 14	
Calories	60	
Total Carbohydrate	1 g	<1%*
Calcium (from calcium beta-hydroxybutyrate)	520 mg	40%
Magnesium (from magnesium beta-hydroxybutyrate)	40 mg	10%
Sodium (from sodium beta-hydroxybutyrate)	1,740 mg	76%
beta-Hydroxybutyrate (bHB) (from a blend of calcium beta-hydroxybutyrate and sodium beta-hydroxybutyrate)	11.7 g	**

Other Ingredients: Citric acid, gum acacia, rebudioside A (from Stevia rebaudiana leaf extract), natural flavors, ^ silica, and beet powder (color).

Directions: Dissolve one scoop (19 g) in 12 ounces of water. Take one serving per day or as directed by your healthcare practitioner.

This product is non-GMO, gluten-free, and vegetarian.

Warning: Take only as directed under the direction of a licensed healthcare practitioner. Not for use in patients with severe or chronic kidney disease, hypothyroidism, hyperparathyroidism, hyper or hypophosphatemia.

Caution: Not to be taken if pregnant or nursing. If taking medications, consult your healthcare practitioner before use. Each serving provides 1,740 mg of sodium. Do not exceed one serving per day.

Keep out of the reach of children.

Tamper Evident: Do not use if safety seal is missing or broken.

Storage: Keep tightly closed in a cool, dry place.

*Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value not established.

^No MSG

†Acute ketosis occurs when blood ketone levels temporarily rise above 0.5 millimoles per liter.

WARNING: Consuming this product can expose you to chemicals including lead, which are known to the State of California to cause cancer and birth defects or other reproductive harm. For more information go to www.P65warnings.ca.gov/food