# Commonly Requested Compounding Ideas for Men's Health

# Commonly Requested Formulas for Patients Interested in Restoring Hormonal Balance (Hypogonadism)

Testosterone 0.5% to 20% Topical Gel (Atrevis
Hydrogel®) (FormulaPlus™ BUD Bracketed Study)
Testosterone 2.5% to 10% (W/W) Topical Gel
(VersaBase®) (FormulaPlus™ BUD Bracketed Study)
Testosterone 5% to 20% (W/W) Topical Lipoderm®
(FormulaPlus™ BUD Bracketed Study)
Anastrozole 1 mg/mL/Testosterone Cypionate 200
mg/mL Oil Injection Solution
Testosterone 100 mg Rapid Dissolve Tablet (RDT-
Plus <sup>™</sup> )
Testosterone 50 mg Rapid Dissolve Tablet (RDT-Plus™)
Anastrozole 0.5 mg/Testosterone 50 mg/Gm Topical
Lipoderm®
Testosterone 5%/Chrysin 5% Topical Cream
Testosterone 25 mg Troche (NataTroche®)
Anastrozole 0.1 mg/0.2 mL/Testosterone 25 mg/0.2 mL
Sublingual Drops
Anastrozole 0.25 mg Sublingual Tablet Triturate (Tablet
Triturate 200 mg Mold)
Testosterone Propionate 30 mg/mL/Testosterone
Cypionate 120 mg/mL/ Nandrolone Decanoate 50
mg/mL Oil Injection Solution
Pregnenolone 25 mg Slow Release Capsules Size #1
Progesterone 30 mg/mL Topical Cream (VersaBase®)

# **Commonly Requested Formulas for Patients with Erectile Dysfunction**

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PCCA Formula #13327	Alprostadil 5 mcg/mL to 45 mcg/mL/Papaverine HCl 15 mg/mL to 30 mg/mL/Phentolamine
	Mesylate 0.4 mg/mL to 5 mg/mL Injection Solution (FormulaPlus™ BUD Bracketed Study) <b>Tri-Mix</b>
PCCA Formula #10924	Alprostadil 10 mcg/mL/Papaverine HCl 30 mg/mL/Phentolamine Mesylate 0.5 mg/mL Injection
	Solution (FormulaPlus™ BUD Study) <b>Tri-Mix</b>
PCCA Formula #4339	Papaverine HCl 18.9 mg/mL/Phentolamine Mesylate 0.9 mg/mL/Atropine Sulfate 0.18
	mg/mL/Alprostadil 9 mcg/mL Injection Solution Quad-Mix
PCCA Formula #7393	Papaverine HCl 30 mg/mL/Phentolamine Mesylate 2 mg/mL/Alprostadil 400 mcg/mL Urethral
	Gel (PF)
PCCA Formula #12516	Alprostadil 10 mcg/mL/Papaverine HCl 30 mg/mL/Phentolamine Mesylate 1 mg/mL Injection
	Solution
PCCA Formula #9439	Papaverine HCl 30 mg/mL/Phentolamine Mesylate 1 mg/mL Injection Solution Bi-Mix
PCCA Formula #13260	Tadalafil 22 mg Troche (NataTroche®)
PCCA Formula #13255	Tadalafil 18 mg Rapid Dissolve Tablet (RDT-Plus™)
PCCA Formula #13267	Tadalafil 10 mg/Apomorphine HCl 2 mg Troche (NataTroche®)
PCCA Formula #5370	Sildenafil 20 mg Polyglycol Troche (Tablet Triturate 200 mg Mold)

## (Commonly Requested Compounding Ideas for Men's Health (cont'd

#### **Commonly Requested Formulas for Patients Who Wish to Stop Smoking**

PCCA Formula #5372 Nicotine 2 mg Sorbitol Lollipop Base

PCCA Formula #6173 Nicotine 2 mg Base A Troche

PCCA Formula #11393 Nicotine 4 mg Polyglycol Troche Base Lollipop

## **Commonly Requested Formulas for Patients with Excessive Sweating/Body**

# Odor/Hyperhidrosis

PCCA Formula #9230 Glycopyrrolate 0.5% Topical Solution

PCCA Formula #12243 Glycopyrrolate 2% Topical Foam (VersaBase®)
PCCA Formula #4681 Glycopyrrolate 1%/Tea Tree Oil 2.5% Topical Stick

PCCA Formula #3944 Methenamine 5%/Benzalkonium Chloride

2%/Chlorhexidine Digluconate 0.5% Topical Spray

PCCA Formula #11348 Glutathione 5%/Aluminum Chlorohydrate 10% Topical

Lotion (VersaBase®)

#### **Commonly Requested Formulas for Patients with Hemorrhoids**

PCCA Formula #3515 Lidocaine 2%/Hydrocortisone 1% Base MBK/Wax

Suppository (Rectal Rocket)

PCCA Formula #11954 Pramoxine HCl 1%/Zinc Oxide 12.5%/Lidocaine HCl 5%

Rectal Gel (MucoLox<sup>™</sup>/VersaBase<sup>®</sup>)

PCCA Formula #11432 Lidocaine 2%/Hydrocortisone 1%/Tranexamic Acid 2%

Base MBK/Wax Suppository (Rectal Rocket)

PCCA Formula #11491 Lidocaine 2%/Hydrocortisone 1% Base

MBK/Wax/MucoLox<sup>™</sup> Suppository (Rectal Rocket)

PCCA Formula #11458 Suppository, General Formula – Base

MBK/Wax/MucoLox<sup>™</sup> (Rectal Rocket)

PCCA Formula #2317 Aloe Vera 3%/Vitamin E 100 IU/Zinc Oxide 3% Base MBK/Wax Suppository (Rectal Rocket)

#### **Commonly Requested Formulas for Patients with Hair Loss**

PCCA Formula #13544	Sodium Valproate	8.3% Topical Solution
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PCCA Formula #13521 Minoxidil 7.5%/Naltrexone HCl 0.5% Topical Gel (Atrevis Hydrogel®)

PCCA Formula #13593 Latanoprost 0.05%/Minoxidil 5%/Finasteride 0.1%/Biotin 0.1%/Melatonin 0.1% Shampoo

(VersaBase®)

PCCA Formula #11353 Minoxidil 10%/Finasteride 0.1% Topical Gel (VersaBase®)
PCCA Formula #11354 Minoxidil 8.5%/Finasteride 0.1% Topical Shampoo (VersaBase®)
PCCA Formula #11355 Minoxidil 5%/Tretinoin 0.025%/Finasteride 0.05% Topical Solution

PCCA Formula #11356 Minoxidil 2%/Tretinoin 0.025%/Finasteride 0.05%/Progesterone 0.05% Topical Solution

PCCA Formula #10632 Minoxidil 8.5%/Finasteride 0.1% Scalp Solution

PCCA Formula #11196 Minoxidil 5%/Azelaic Acid 1.5%/Tretinoin 0.025%/Progesterone 0.25%/ Finasteride 0.1% Topical

Foam (VersaBase®)

PCCA Formula #10935 Minoxidil 10%/Finasteride 0.1%/Tretinoin 0.025%/Fluocinolone Acetonide 0.025% Topical

Solution

PCCA Formula #11361 Finasteride 1 mg/Biotin 1.2 mg Capsules Size #0 (LoxOral®)
PCCA Formula #11061 Minoxidil 10%/Zinc Pyrithione 1% Topical Suspension
PCCA Formula #11104 Minoxidil 5%/Azelaic Acid 5% Topical Foam (VersaBase®)

PCCA Formula #10645 Minoxidil 10% Topical Shampoo (VersaBase®)

PCCA Formula #10653 Minoxidil 10% Topical Solution PCCA Formula #10173 Minoxidil 15% Topical Solution

## (Commonly Requested Compounding Ideas for Men's Health (cont'd

PCCA Formula #10360 Minoxidil 10%/Azelaic Acid 5% Topical Solution

PCCA Formula #12261 Minoxidil 5%/Melatonin 0.1%/Finasteride 0.1%/Tretinoin 0.05% Scalp Solution

#### **Commonly Requested Formulas for Shaving**

PCCA Formula #10221 Aloe Vera/Bacocalmine™ PH Pre-Shave Gel

PCCA Formula #7107 Benzoyl Peroxide 10% Shave Gel

PCCA Formula #7688 After Shave Balm

PCCA Formula #11577

PCCA Formula #7931 DMAE/Gluconolactone/Acetyl Hexapeptide After Shave

PCCA Formula #9194 Gluconolactone 5%/Niacinamide 2%/Aloe Vera 0.8% After Shave

# **Commonly Requested Formulas for Patients with Nail Fungus**

For more information, see PCCA Document #99251, The Rising Costs of Nail Fungus Prescriptions, from the October 2016 Apothagram.

PCCA Formula #12663	Fluconazole 2%/Ibuprofen 2%/DMSO Nail Solution
PCCA Formula #12661	Clotrimazole 2%/Ibuprofen 2%/DMSO Nail Solution
PCCA Formula #12660	Itraconazole 2%/Ibuprofen 2%/DMSO Nail Solution
PCCA Formula #10643	Terbinafine HCl 1%/Fluconazole 3%/Ibuprofen 2%/Itraconazole 1% Nail Suspension
PCCA Formula #5360	Itraconazole 1%/Undecylenic Acid (W/V) 17%/Salicylic Acid 10%/Tea Tree Oil 16.7%/DMSO Nail
	Solution
PCCA Formula #12538	Ciclopirox 8%/Itraconazole 3%/Ibuprofen 2%/Fluconazole 3%/Terbinafine HCl 1%/DMSO Topical
	Suspension
PCCA Formula #12253	Ciclopirox 8%/Urea 40% Nail Gel
PCCA Formula #11990	Itraconazole 1%/Terbinafine HCl 3%/Tea Tree Oil 6.6%/Urea 10%/Biotin 0.6%/DMSO Nail Suspension
PCCA Formula #11839	Ketoconazole 2%/Urea 40%/DMSO Nail Suspension

The formulas and/or statements listed are provided for educational purposes only. They are compounding ideas that have commonly been requested by physicians, and have not been evaluated by the Food and Drug Administration. Formulas and/or material listed are not to be interpreted as a promise, guarantee or claim of therapeutic efficacy or safety. The information contained herein is not intended to replace or substitute for conventional medical care, or encourage its abandonment. Every patient is unique, and formulas should be adjusted to meet their individual needs.

Ciclopirox 8%/Fluconazole 1%/Terbinafine HCl 1% Topical Gel