



## Wellness Essentials® Active

### Targeted Joint Support\*

**Form:** Packets

**Flavor:**

**Size:** 30 Packets

If you're a weekend warrior or just an individual seeking to maintain joint flexibility, mobility, and comfort, your body may benefit from extra nutritional support for joint health. Wellness Essentials Active is formulated to target your unique nutritional needs to help you stay active and vital and maintain overall health.\*

**Each once-daily packet provides:**

**Multifaceted health support:** PhytoMulti® is the "smart multi" with essential nutrients and a proprietary blend of 13 concentrated extracts and phytonutrients to help support cellular health and activate health potential.\*

**Joint relief:** Kaprex® provides tailored support for joint comfort with a proprietary combination of selected plant components.\*

**Joint health support:** ChondroCare® is a comprehensive formula designed to provide broad connective tissue support with glucosamine, chondroitin, methylsulfonylmethane (MSM), and other nutrients.\*

**Healthy cartilage support:** Glucosamine Sulfate 750™ helps support healthy joints and other connective tissues by providing additional glucosamine, a naturally occurring compound in all connective tissues.\*

**Heart health, mood, and overall health support:** OmegaGenics® EPA-DHA 500 is a quality-guaranteed omega-3 fatty acid formula providing third party tested pharmaceutical-grade omega-3 fatty acids to ensure greater purity.\*

Ingredient	Amount Per Serving	Value	% Daily
Serving Size	1 Packet		
Servings Per Container	30		
Calories	20		
Calories from Fat	20		
Total Fat	2 g	3%*	
Cholesterol	less than 5 mg	<2%*	
Vitamin A (from mixed carotenoids and retinyl acetate)	1,500 mcg	167%	
Vitamin C (as ascorbic acid and ascorbyl palmitate)	90 mg	100%	
Vitamin D (as cholecalciferol)	500 IU	63%	
Vitamin E (as d-alpha tocopheryl succinate)	33.5 mg	223%	
Vitamin K (as phytonadione)	60 mcg	50%	
Thiamin (as thiamin mononitrate)	12.5 mg	1,042%	
Riboflavin	7.5 mg	577%	
Niacin (as niacinamide and niacin)	25 mg	156%	
Vitamin B <sub>6</sub> (as pyridoxine HCl)	12.5 mg	735%	
Folate (as calcium L-5-methyltetrahydrofolate <sup>1</sup> )	665 mcg	166%	
Vitamin B <sub>12</sub> (as methylcobalamin)	100 mcg	4,167%	
Biotin	250 mcg	883%	
Pantothenic Acid (as D-calcium pantothenate)	37.5 mg	750%	
Iodine (as potassium iodide)	75 mcg	50%	
Magnesium (as magnesium citrate)	20 mg	5%	
Zinc (as zinc citrate)	15 mg	136%	
Selenium (as selenium aspartate and selenomethionine)	200 mcg	364%	
Copper (as copper citrate)	1.25 mg	139%	
Manganese (as manganese citrate)	1 mg	43%	
Chromium (as chromium polynicotinate)	100 mcg	286%	
Molybdenum (as molybdenum aspartate complex)	25 mcg	56%	
Potassium (from D-glucosamine sulfate potassium chloride)	120 mg	3%	
D-Glucosamine Sulfate (as D-glucosamine sulfate potassium chloride)	1.5 g	**	
Choline (as choline bitartrate)	12.5 mg	2%	
Methylsulfonylmethane (MSM)	500 mg	**	
Chondroitin Sulfate	600 mg	**	
Inositol	12.5 mg	**	
Lycopene	3 mg	**	
Zeaxanthin	1 mg	**	
Lutein	3 mg	**	
Resveratrol (from <i>Polygonum cuspidatum</i> root extract)	5 mg	**	
Proprietary Blend of: Tetrahydro-iso-alpha acids complex [from hops ( <i>Humulus lupulus</i> L.) cone extract] <sup>1</sup> , Rosemary ( <i>Rosmarinus officinalis</i> ) Leaf Extract, Oleoic Acid [from olive ( <i>Olea europaea</i> ) leaf extract]	350 mg	**	
Oleoic Acid (from olive leaf extract, <i>Olea europaea</i> )			

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

**Proprietary Phytonutrient Blend of:**

Citrus bioflavonoid complex [standardized to 45% hesperidin], green coffee bean extract [standardized to 45% chlorogenic acid], pomegranate whole fruit extract [standardized to 21.6 mg gallic acid equivalents (GAE)], grape seed extract [standardized to 90% polyphenols], blueberry (*Vaccinium* spp.) fruit extract [standardized to 20% total polyphenols and 15% anthocyanins], green tea leaf extract [standardized to 60% catechins and 40% EGCG], bitter melon fruit extract, prune skin extract [standardized to 50% polyphenols], watercress aerial parts 4:1 extract, Chinese cinnamon (*Cinnamomum cassia*) bark powder, Indian gum Arabic tree bark and heartwood extract [standardized to 6% catechins], rosemary extract [standardized to 7.6% min sum of carnosol+carosolic acid], artichoke leaf extract [containing cynarin and chlorogenic acid]

200 mg \*\*

Marine Lipid Concentrate	2 g	**
EPA (Eicosapentaenoic acid)	600 mg	**
DHA (Docosahexaenoic acid)	400 mg	**

**PhytoMulti**

**Other Ingredients:** Microcrystalline cellulose, croscarmellose sodium, cellulose, stearic acid (vegetable), silica, and coating [hypromellose, medium-chain triglycerides, hydroxypropylcellulose, and sodium copper chlorophyllin (color)].

**OmegaGenics EPA-DHA 500**

**Ingredients:** Marine lipid concentrate [fish (anchovy, sardine, and mackerel) oil], softgel shell (gelatin, glycerin, water), contains 2 percent or less of natural lemon flavor, mixed tocopherols (antioxidant), rosemary extract, and ascorbyl palmitate (antioxidant). **Contains: Fish (anchovy, sardine, and mackerel).**

**Kaprex**

**Other Ingredients:** Olive oil, gelatin, glycerin, yellow beeswax, water, and sodium copper chlorophyllin (color).

**Glucosamine Sulfate 750**

**Ingredients:** Glucosamine sulfate potassium chloride [crustacean shellfish (crab shells, shrimp)], microcrystalline cellulose, cellulose, ascorbic acid, stearic acid (vegetable), silica, croscarmellose sodium, and coating (hypromellose, medium-chain triglycerides, and hydroxypropylcellulose) **Contains: Crustacean shellfish (crab shells, shrimp).**

**ChondroCare**

**Ingredients:** Glucosamine sulfate potassium chloride [crustacean shellfish (crab shells, shrimp)], microcrystalline cellulose, chondroitin sulfate, methylsulfonylmethane, cellulose, croscarmellose sodium, stearic acid (vegetable), selenomethionine, zinc citrate, silica, copper citrate, manganese citrate, and coating (hypromellose, medium-chain triglycerides, and hydroxypropylcellulose). **Contains: Crustacean shellfish (crab shells, shrimp).**

**Each packet contains:** 1 PhytoMulti tablet (green), 2 OmegaGenics EPA-DHA 500 softgels (golden yellow), 3 ChondroCare tablets (white), 1 Kaprex softgel (dark green), and 1 Glucosamine Sulfate 750 tablet (off-white).

**Directions:** Take one packet daily or as directed by your healthcare practitioner.

**Warning:** Excess vitamin A may increase the risk of birth defects. Pregnant women and women who may become pregnant should not exceed 3,000 mcg of preformed vitamin A (retinyl acetate) per day unless instructed to do so by a healthcare practitioner.

**Caution:** Consult your healthcare practitioner before use if pregnant, nursing, or taking other nutritional supplements or medications. Keep out of the reach of children.

**Storage:** Keep in a cool, dry place.

**Products included are non-GMO and gluten-free.**

\*Percent Daily Values are based on a 2,000 calorie diet.

\*\*Daily Value not established.

†As Metafolin®, Metafolin® is a registered trademark of Merck KGaA, Darmstadt Germany.

††As Tetrase®, U.S. Patent Nos. 7,195,785; 7,205,151; 7,270,835; 7,332,185.