



Multigenics® Intensive Care without Iron

Advanced Nutritional Support Designed for Optimal Health*

Form: Tablets

Flavor:

Size: 180 Tablets

Multigenics® Intensive Care without Iron is a potent yet gentle vitamin and mineral formula that features high quality ingredients designed for optimal absorption and bioavailability. Rapid tablet disintegration allows quick release of the micronutrients. This comprehensive formula is suitable for adolescents, adults, and seniors, and features:*

- Calcium L-5-methyltetrahydrofolate—a body-ready, nature identical folate.
- Caro-xan®, our proprietary blend of beta-carotene and Betatene® mixed carotenoids for antioxidant protection

Ingredient	Amount	Daily Value
Serving Size:	6 Tablets	
Servings Per Container	30	
Total Carbohydrate	2 g	1% *
Dietary Fiber	2 g	7%*
Vitamin A (84% as beta-carotene) (from mixed carotenoids, beta-carotene,† and retinyl acetate)	2,250 mcg	250%
Vitamin C (as ascorbic acid)	900 mg	1,000%
Vitamin D (as cholecalciferol)	7.5 mcg (300 IU)	38%
Vitamin E (as d-alpha tocopheryl succinate and mixed tocopherols)	100.5 mg	670%
Thiamin (as thiamin mononitrate)	22.5 mg	1,875%
Riboflavin	25.5 mg	1,962%
Niacin (as niacinamide and niacin)	315 mg	1,969%
Vitamin B ₆ (as pyridoxine HCl)	30 mg	1,765%
Folate (as calcium L-5-methyltetrahydrofolate [‡])	600 mcg	255%
Vitamin B ₁₂ (as methylcobalamin)	150 mcg	6,250%
Biotin	150 mcg	500%
Pantothenic Acid (as D-calcium pantothenate)	150 mg	3,000%
Choline (as choline bitartrate)	90 mg	16%
Calcium (as calcium citrate and microcrystalline hydroxyapatite concentrate)	370 mg	28%
Phosphorus (as microcrystalline hydroxyapatite concentrate)	60 mg	5%
Iodine (as potassium iodide)	114 mcg	76%

Magnesium (as magnesium bis-glycinate and magnesium citrate)	185 mg	44%
Zinc (as zinc citrate)	15.5 mg	141%
Selenium (as selenium aspartate)	150 mcg	273%
Copper (as copper citrate)	1.5 mg	167%
Manganese (as manganese citrate)	0.75 mg	33%
Chromium (as chromium citrate)	150 mcg	429%
Molybdenum (as molybdenum aspartate)	78 mcg	173%
Potassium (as potassium aspartate)	100 mg	2%
Betaine HCl	131.25 mg	*
Mylo-Inositol	90 mg	*
Citrus Bioflavonoid Complex	75 mg	*
<i>para</i> -Aminobenzoic Acid (PABA)	37.5 mg	*
Quercetin	18.75 mg	*
Mixed Carotenoids (including beta-carotene, alpha-carotene, cryptoxanthin, zeaxanthin, and lutein)	4.38 mg	*

Other Ingredients: Microcrystalline cellulose, croscarmellose sodium, coating [hypromellose, medium-chain triglycerides, hydroxypropylcellulose, and sodium copper chlorophyllin (color)], magnesium stearate (vegetable), and silica.

Directions: Take six tablets daily with meals or as directed by your healthcare practitioner.

This product is non-GMO and gluten free.

Warning: Excess vitamin A intake may increase the risk of birth defects. Pregnant women and women who may become pregnant should not exceed 3,000 mcg of preformed vitamin A (retinyl acetate) per day.

Caution: If pregnant, nursing, or taking medication,

consult your healthcare practitioner before use. Keep out of the reach of children.

Tamper Evident: Do not use if safety seal is missing or broken

Storage: Keep tightly closed in a cool, dry place.

†Caro-xan™, a proprietary blend of beta-carotene and Betatene® mixed carotenoids.

‡As Metafolin® U.S. Patent Nos. 5,997,915; 6,254,904. Metafolin® is a registered trademark of Merck KGaA, Darmstadt Germany