



## MethylCare®

### Support for Healthy Methylation & Homocysteine Metabolism\*

**Form:** Capsules

**Flavor:**

**Size:** 120 Capsules

**MethylCare®** is a comprehensive formula that features calcium L-5-methyltetrahydrofolate—a body-ready, nature identical folate—along with N-acetyl-L-cysteine, vitamins B<sub>6</sub> and methylated B<sub>12</sub>, and betaine HCl. Together, these nutrients support methylation, which promotes healthy homocysteine metabolism.\*

Ingredients	Amount Per Serving	% Daily Value
Serving Size	2 Capsules <sup>†</sup>	
Servings Per Container	60	
Riboflavin	1.6 mg	123%
Vitamin B <sub>6</sub> (as pyridoxine HCl)	25 mg	1,471%
Folate (as calcium L-5-methyltetrahydrofolate) <sup>††</sup>	1,330 mcg DFE	333%
Vitamin B <sub>12</sub> (as methylcobalamin)	1,000 mcg	41,667%
Zinc (as zinc citrate)	1.5 mg	14%
Manganese (as manganese citrate)	0.4 mg	17%
Molybdenum (as molybdenum glycinate)	15 mcg	33%
N-Acetyl-L-Cysteine	600 mg	*
Betaine HCl	500 mg	*

**Other Ingredients:** Capsule (hydroxypropylmethylcellulose), silicified microcrystalline cellulose, stearic acid (vegetable), magnesium stearate (vegetable), and silica.

**Directions:** Take 2 capsules once daily, or as directed by your healthcare practitioner.

**This product is non-GMO and gluten-free.**

**Caution:** If pregnant or nursing, or taking medications, please consult your healthcare practitioner before use. Keep out of the reach of children.

**Storage:** Keep tightly closed in a cool, dry place.

<sup>†</sup>Vegetarian capsules.

<sup>††</sup>As Metafolin®. Metafolin® is a registered trademark of Merck KGaA, Darmstadt Germany

\*Daily Value not established.