



Meta-Sitosterol™ 2.0

Plant Sterol Complex for Support of Healthy Cholesterol Levels*

Form: Tablets

Flavor:

Size: 90 Tablets

Meta-Sitosterol™ 2.0 is a naturally derived vegetable preparation featuring enhanced levels of a balanced concentrate of plant sterols—2 grams per day—which may help to maintain healthy blood cholesterol levels already within the normal range. The National Institutes of Health recommends a healthy diet, along with the consumption of 2 grams of plant sterols daily, to promote cardiovascular health. Also features the active, preferred form of folate (L-5-methyltetrahydrofolate) to support healthy homocysteine metabolism and cardiovascular health.*

Ingredients	Amount Per Serving	% Daily Value
Serving Size	1 Tablet	
Servings Per Container	90	
Total Carbohydrate	<1 g	<1%*
Dietary Fiber	<1 g	3%*
Per Serving (1 Tablet)		
Folate	445 mcg DFE	111%
Beta-sitosterol	333 mg	*
Campesterol	167 mg	*
Stigmasterol	92 mg	*
Other Plant Sterols	117 mg	*
Per Day (3 Tablets)		
Folate	1,330 mcg DFE	333%
Beta-sitosterol	1,000 mg	*
Campesterol	500 mg	*
Stigmasterol	275 mg	*
Other Plant Sterols	350 mg	*

Darmstadt Germany

Ingredients: Plant sterol complex (soy), microcrystalline cellulose, croscarmellose sodium, cellulose, stearic acid (vegetable), silica, and calcium L-5-methyltetrahydrofolate.[†] **Contains: Soy.**

Directions: Take one tablet with each meal or as directed by your healthcare practitioner.

This product is gluten-free and vegetarian.

Caution: Keep out of the reach of children.

Do not refrigerate (Refrigeration may cause moisture condensation).

*Daily Value not established.

[†]As Metafolin® U.S. Patent Nos. 5,997,915; 6,254,904. Metafolin® is a registered trademark of Merck KGaA,