

RibosCardio™ with CardioPerform™

Regenerate ATP - for athletes & patients



Product No.: RN126

Supplement Facts

Serving Size: 7.5 g (1 scoop or 2½ teaspoons)
Servings Per Container: 56

Amount Per Serving	%Daily Value**	
Calories	25	
Total Carbohydrates	6 g	2%
Total Sugars	5 g	
Magnesium Gluconate	40 mg	10%
D-Ribose	5 g	†
CardioPerform™	1 g	†
Proprietary blend of L-carnitine (from fumarate) and Acetyl L-carnitine		
Malic Acid	240 mg	†

** Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other Ingredients: Silica.

Manufactured without milk, eggs, fish, crustacean shellfish, tree nuts, peanuts, wheat, soy, corn and gluten. Produced in a facility that may process other ingredients containing these allergens.

Features & Benefits

RibosCardio™ has been formulated, based on Steven Sinatra MD's work¹, with CardioPerform™, a potent blend of L-carnitine (transports fuel into the heart to be burned as energy) and Acetyl L-carnitine (improves heart & brain health, protecting against oxidative damage), plus the patented form of D-ribose, malic acid and magnesium gluconate to optimize energy production and synthesis. Published research shows our patented form of D-ribose may be an effective adjunct in promoting cardiovascular, skeletal muscle, and neurological health. With heart patients, D-ribose has been found effective in restoring energy, improving ventilatory efficiency, oxygen uptake, stroke volume, diastolic function, physical performance, and quality of life. In neuromuscular disease, D-ribose helps to reduce pain, overcome fatigue, increase exercise tolerance, and help patients live more normal, active lives.

Suggested Use

Normal dosage is twice daily. Up to 4 doses per day may be taken as needed. If moderate to severe symptoms are present, it is recommended that at least three doses per day be taken for the first two weeks before reducing dosage to twice per day. For best results, all doses should be taken no later than 3:00PM. Continued use is required to maintain the benefits of RibosCardio™.

Cautions

Insulin-dependent diabetics, pregnant women or patients with elevated uric acid levels should consult their physician before use.

Each Scoop (2.5 teaspoons) Includes:

Features	Constituents/ Actions	Benefits*
D-Ribose	<ul style="list-style-type: none"> Patented form used in research 	<ul style="list-style-type: none"> Clinically-proven ingredient that accelerates the natural way our bodies produce energy As a building block of ATP (adenosine triphosphate), it rapidly restores depleted energy Research has shown that ribose promotes cardiovascular health, reduces cardiac stress associated with strenuous activity and helps athletes extend their exercise tolerance and accelerates recovery Ribose helps hearts and muscles maximize energy recovery
CardioPerform™	<ul style="list-style-type: none"> L-carnitine Acetyl L-carnitine 	<ul style="list-style-type: none"> Transports fuel into the heart to be burned as energy Improves heart & brain health, protecting against oxidative damage
Magnesium	<ul style="list-style-type: none"> Gluconate form 	<ul style="list-style-type: none"> Cells use magnesium in over 300 enzyme reactions, and it distributes energy evenly throughout the cell so it is available when and where it is needed Helps maintain normal muscle and nerve function, keeps heart rhythm steady, supports a healthy immune system, and keeps bones strong, assists in regulating blood sugar levels & promotes normal blood pressure Gluconate form may be taken on an empty stomach, while other forms may cause stomach upset in some people Gluconate form is absorbed more quickly than other forms
Malic Acid	<ul style="list-style-type: none"> Derived from apples 	<ul style="list-style-type: none"> Helps mitochondria recycle energy, maximizing cellular energy output Essential in muscle recovery

¹ Dr. Sinatra has no financial relationship with Researched Nutritionals®.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.