

certain medications, diets high in refined and processed foods, as well as stress and lifestyle factors. *S. boulardii* has been shown to promote healthy microbial balance by competing against harmful bacteria. ⁵ Probiotics like *S. boulardii* can bind and eliminate unwanted organisms during normal probiotic transit and attracts unwanted organisms to the mannose component of its cell wall. ⁶

Healthy Immune Balance[†]

In addition to supporting sIgA levels and intestinal barrier function, *S. boulardii* boosts immune response by supporting healthy white blood cell activity. ⁷ A double-blind, placebo-controlled trial showed that patients given *S. boulardii* demonstrated an increase in sIgA levels and a subsequent decrease in C-reactive protein (an indicator of a balanced inflammatory response). The researchers of this study concluded that *S. boulardii* supports a healthy immune response and protects GI barrier function by maintaining a healthy inflammatory cycle in the GI tract. ⁸

Directions

1 capsule two times per day or as recommended by your health care professional.

Does Not Contain

Wheat, gluten, soy, corn, animal or dairy products, fish, shellfish, peanuts, tree nuts, egg, artificial colors, artificial sweeteners or preservatives.

Cautions

If you are pregnant or nursing, consult your physician before taking this product.

Supplement Facts ^{V2}		
Serving Size 1 Capsule		
Servings Per Container 60		
	Amount Per Serving	% Daily Value
<i>Saccharomyces boulardii</i>	420 mg (5 billion CFU ^{††})	*
* Daily Value not established.		

ID# 529060 60 Capsules

References

1. Buts JP. Twenty-five years of research on *Saccharomyces boulardii* trophic effects: updates and perspectives. *Dig Dis Sci* 2009; 54(1):15-8.
2. McFarland LV. *Saccharomyces boulardii* is not *Saccharomyces cerevisiae*. *Clin Infect Dis* 1996;22(1): 200-1.
3. McFarland LV. Systematic review and meta-analysis of *saccharomyces boulardii* in adult patients. *World J Gastroenterol* 2010;16(18): 2202-2222.
4. Zanello G, Meurens F, Berri M, Salmon H. *Saccharomyces boulardii* effects on gastrointestinal diseases. *Curr Issues Mol Biol* 2009; 11(1):47-58.
5. Buts JP, Corthier G, Delmee M. *Saccharomyces boulardii* for *Clostridium difficile*- Associated Enteropathies in Infants. *J Ped Gastroenterol Nutr* 1993; 16:419-425.
6. Czerucka D, Piche T, Rampal P. Review article: yeast as probiotics- *Saccharomyces boulardii*. *Aliment Pharmacol Ther* 2007; 26(6):767-78.
7. Caetnao JA, Parames MT, Babo MJ, Santos A, et al. Immunopharmacological effects of *Saccharomyces boulardii* in healthy human volunteers. *Int J Immunopharmacol* 1986; 8(3):245-59.
8. Ozkan TB, Sahin E, Erdemir G, Budak F. Effect of *Saccharomyces boulardii* in children with acute gastroenteritis and its relationship to the immune response. *J Int Med Res* 2007; 35(2): 201-12.

[†] These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.