



L-Carnitine

Support for Fat Metabolism*

Form: Capsules

Flavor:

Size: 30 Capsule

L-Carnitine plays a role in free fatty acid metabolism and metabolic health and is required for the breakdown of fats and glucose into energy. Decreased levels of L-carnitine have been observed during pregnancy, supplementation has been shown to help improve plasma levels.*

Ingredients	Amount Per Capsule	% Daily Value
Serving Size	1 Capsule [†]	
Servings Per Container	30	
L-Carnitine (as L-carnitine L-tartrate)	500 mg	*

Other Ingredients: Capsule (hydroxypropylmethylcellulose), microcrystalline cellulose, magnesium stearate (vegetable), and silica.

Directions: Take one capsule daily or as directed by your healthcare practitioner.

This product non-GMO, gluten-free, and vegetarian.

Caution: If pregnant or nursing consult your healthcare practitioner before use. Keep out of the reach of children.

Storage: Keep tightly closed in a cool, dry place.

*Daily Value not established.

[†]Vegetarian capsule