

Healthy Transformation® Protein Shake

Form: Powder
Flavor: Chocolate
Size: 10 Servings



Healthy Transformation™ Protein Shake is a high quality, high protein shake mix. Protein is essential in any nutritional regimen, regardless of age or activity level. The vanilla and chocolate flavors are delicious when mixed with water alone, and can also be used as a foundation for a variety of shake recipes.

Ingredient	Amount	% Daily Value
Serving Size	2 Scoops (36g)	
Servings Per Container	10	
Calories	110	
Calories from Fat	20	
Total Fat	2g	3%
Saturated Fat	0g	0%
Trans Fat	0g	
Cholesterol	10mg	3%
Sodium	100mg	4%
Potassium	300mg	9%
Total Carbohydrate	12g	4%
Dietary Fiber	7g	28%
Sugars	1g	
Sugar Alcohol	2g	
Protein	20g	40%
Vitamin A		0%
Vitamin C		0%
Calcium		10%
Iron		6%

^No MSG
 †Cocoa Horizons Foundation Verified

*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.

NOTICE: For weight reduction, use only as directed in the Healthy Transformation diet plan found at metagenics.com/healthytransformation. Do not use in diets supplying less than 400 Calories per day without medical supervision.

WARNING: Consuming this product can expose you to chemicals including lead, which are known to the State of California to cause cancer and birth defects or other reproductive harm. For more information go to www.P65warnings.ca.gov/food

Ingredients: Whey protein isolate (milk), isomaltoligosaccharide, erythritol, natural flavors, ^ organic cocoa powder (processed with alkali), † olive oil, sunflower lecithin, xanthan gum, silica, sodium chloride, guar gum, and rebaudioside a (from stevia rebaudiana leaf extract). **Contains: Milk.**

Directions: Blend, shake, or briskly stir 2 scoops (36 g) of Protein Shake into 8 fluid ounces of chilled water.

This product is non-GMO and gluten-free.

Tamper Evident: Do not use if safety seal is missing or broken.

Storage: Keep tightly closed in a cool, dry place.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.