

# Commonly Requested Compounding Ideas and Products for Patients During the Winter & Flu Season

## Commonly Requested Formulas for Patients with Influenza

*The below formulations can be compounded if TAMIFLU® is unavailable from the manufacturer:*

PCCA Formula # 9360	Oseltamivir 12 mg/mL Oral Suspension <b>This formula has gone through stability testing. Please refer to IJPC Vol. 11 No. 2 March/April 2007 (co-authored by PCCA's Lawson Kloesel, RPh) for a copy of the published study. A copy of this article can be found on PCCA's Members-Only Website.</b>
PCCA Formula # 13040	Oseltamivir 6 mg/mL Oral Suspension (SuspendIt®)
PCCA Formula # 11220	Oseltamivir 12 mg/mL Oral Suspension (SuspendIt®)
PCCA Formula # 10562	Oseltamivir 6 mg/mL Oral Suspension, Alternate
PCCA Formula # 10535	Oseltamivir 12 mg/mL Oral Suspension, Alternate
PCCA Formula # 4208	Zinc Gluconate 5 mg/Ascorbic Acid 100 mg/Deoxy-D-Glucose (2) 0.2% Sorbitol Lollipop Base
PCCA Formula # 3290	Zinc Gluconate 12.5 mg/Ascorbic Acid 100 mg/Glycine 50 mg Base A Troche

## Commonly Requested Formulas for Patients Needing an Anti-Viral/Immune Support

PCCA Formula # 13683	Chlorpheniramine Maleate 0.1%/Deoxy-D-Glucose (2) 0.2%/EGCg 1%/Ascorbic Acid 2%/Vitamin D3/Shea Butter Topical Balm
PCCA Formula # 13682	Ketotifen 0.05%/Deoxy-D-Glucose (2) 0.2%/EGCg 1%/Shea Butter Topical Balm
PCCA Formula # 13681	Azelastine HCl 0.1%/Deoxy-D-Glucose (2) 0.2%/EGCg 1%/Ascorbic Acid 2%/Vitamin D3/Shea Butter Topical Balm
PCCA Formula # 13680	Ketotifen 0.05%/Deoxy-D-Glucose (2) 0.2%/EGCg 1%/Ascorbic Acid 2%/Vitamin D3/Shea Butter Topical Balm
PCCA Formula # 13679	Deoxy-D-Glucose (2) 0.2%/EGCg 1%/Ascorbic Acid 2%/Vitamin D3/Shea Butter Topical Balm
PCCA Formula # 13678	Deoxy-D-Glucose (2) 0.2%/EGCg 1%/Shea Butter Topical Balm
PCCA Formula # 9361	EGCg 50 mg Sorbitol Lollipop Base
PCCA Formula # 9374	EGCg 50 mg Polyglycol Troche (Chocolate)
PCCA Formula # 11880	EGCg 0.4% Nasal Spray
PCCA Formula # 3756	Deoxy-D-Glucose 0.2% Nasal Solution
PCCA Formula # 5521	Deoxy-D-Glucose (2) 0.2% Polyglycol Troche

## Commonly Requested Formulas for Patients with Cough/Cold Symptoms

PCCA Formula # 12917	Promethazine HCl 1.25 mg/mL/Dextromethorphan HBr 3 mg/mL Oral Syrup
PCCA Formula # 10113	Chlorpheniramine Maleate 0.8 mg/mL/Pseudoephedrine HCl 6 mg/mL/Dextromethorphan HBr 6 mg/mL Oral Suspension
PCCA Formula # 11379	Hydrocodone Bitartrate 10 mg/5 mL/Acetaminophen 325 mg/5 mL Oral Suspension (SuspendIt®)
PCCA Formula # 11248	Hydrocodone Bitartrate 1 mg/mL/Pseudoephedrine HCl 12 mg/mL/Guaifenesin 40 mg/mL Oral Suspension (SuspendIt®)
PCCA Formula # 10605	Hydrocodone Bitartrate 1 mg/mL/Guaifenesin 20 mg/mL Oral Suspension
PCCA Formula # 9240	Hydrocodone Bitartrate 2.5 mg/5 mL/Phenylephrine HCl 5 mg/5 mL/ Chlorpheniramine Maleate 2 mg/5 mL Oral Solution (SF)
PCCA Formula # 0061	Hydrocodone Bitartrate 1 mg/mL/ Homatropine Methylbromide 0.3 mg/mL Oral Syrup
PCCA Formula # 10631	Guaifenesin 20 mg/mL/Menthol 4.4 mg/mL/Camphor 0.44 mg/mL Oral Syrup
PCCA Formula # 5377	Menthol 0.2%/Eucalyptus 0.1% Sorbitol Lollipop Base
PCCA Formula # 5395	Menthol 0.1%/Eucalyptus 0.34% Polyglycol Troche Base Lollipop
PCCA Formula # 5399	Dextromethorphan HBr 20 mg/Menthol 15 mg/Ascorbic Acid 500 mg Sorbitol Lollipop Base
PCCA Formula # 11247	Guaifenesin 100 mg/mL Oral Suspension (SuspendIt®)
PCCA Formula # 10711	Dyphylline 100 mg/5 ml/Guaifenesin 100 mg/5ml Oral Liquid

### Commonly Requested Formulas for Patients with Rhinitis





PCCA Formula # 12948	Azelastine Hydrochloride 0.175%/Ketotifen 0.05%/Mometasone Furoate 0.06% Nasal Spray (MucoLox™)
PCCA Formula # 12973	Azelastine Hydrochloride 0.175%/Budesonide 0.06% Nasal Spray (MucoLox™)
PCCA Formula # 12972	Azelastine HCl 350 mcg/Budesonide 0.6 mg Capsules Size #1 (XyliFos®/LoxaSpense®)
PCCA Formula # 12418	Ketotifen 0.05%/Mometasone Furoate 0.05% Nasal Spray (MucoLox™)
PCCA Formula # 5595	Xylitol 7.5%/Glycerin 2% Saline Nasal Spray

### Commonly Requested Formulas for Patients with Throat Pain Due to Various Conditions Such As: Tonsillitis; Tonsillectomy; Strep Throat; Mononucleosis; Hand, Foot and Mouth Disease; Influenza; Colds; Laryngitis; Pharyngitis; and More

.See PCCA Document #99300, *Compounding Options: When a Patient's Throat is on Fire*, for more information

PCCA Formula # 12914	Lidocaine HCl 2%/Pectin 0.1%/Zinc Gluconate 1% Oral Spray (MucoLox™)
PCCA Formula # 12293	Lidocaine HCl 4% Throat Spray (MucoLox™)
PCCA Formula # 13131	Lidocaine 2% Troche (NataTroche®)
PCCA Formula #11132	Lidocaine HCl 2% Oral Rinse (MucoLox™)
PCCA Formula # 5690	Lidocaine HCl 2%/Ascorbic Acid 500 mg Sorbitol Lollipop Base
PCCA Formula #11430	Tetracaine HCl 0.025% Popsicle (MucoLox™)
PCCA Formula # 5380	Tetracaine HCl 0.5% Sorbitol Lollipop Base

### Commonly Requested Formulas for Patients with Pain or Fever

PCCA Formula # 9448	Ketoprofen 10% Topical Lipoderm® ((FormulaPlus™  BUD Study)
PCCA Formula # 13195	Ketoprofen 10% Topical Gel (PermE8® Anhydrous)
PCCA Formula # 9447	Ibuprofen 20% Topical Lipoderm® ((FormulaPlus™  BUD Study)
PCCA Formula # 2491	Ibuprofen 400 mg Base MBK Suppository (Pink Mold)
PCCA Formula # 11251	Ibuprofen 400 mg/5 mL Oral Suspension (SuspendIt®)
PCCA Formula # 6142	Ibuprofen 200 mg Base A Troche
PCCA Formula # 13133	Acetaminophen 125 mg Troche (NataTroche®)
PCCA Formula # 10333	Acetaminophen 125 mg Gelatin Troche (FormulaPlus™  BUD Study)
PCCA Formula # 9779	Acetaminophen 650 mg Base MBK™ Suppository (Medium Shell Mold)
PCCA Formula # 3548	Acetaminophen 360 mg Sorbitol Lollipop Base
PCCA Formula # 11379	Hydrocodone Bitartrate 10 mg/5 mL/Acetaminophen 325 mg/5 mL Oral Suspension (SuspendIt®)
PCCA Formula # 13633	Ketoprofen 10%/Piroxicam 2% Topical Gel (PermE8® Anhydrous)
PCCA Formula # 9450	Piroxicam 5% Topical Lipoderm® (FormulaPlus™  BUD Study)

### Commonly Requested Formulas for Patients Needing a Hand Sanitizer

PCCA Formula # 13710	Antiseptic Hand Cleanser (VersaBase®)
PCCA Formula # 13709	Antiseptic Hand Cleanser, Alternate
PCCA Formula # 2676	Antiseptic Hand Cleanser

### Commonly Requested Formulas for Patients with Dry Lips

PCCA Formula # 11155	Lipoic Acid 1%/Vitamin E Acetate 3%/Aloe Vera Lip Gel (MucoLox™)
PCCA Formula # 10080	Gluconolactone 3%/Sunscreen Compound Lip Balm
PCCA Formula # 9632	Octinoxate 7%/Oxybenzone 3%/Shea Butter/Aloe Vera Lip Balm
PCCA Formula # 2445	Hydrocortisone 1% Lip Balm
PCCA Formula # 0958	Aloe Vera 0.5% Lip Balm


### Commonly Requested Formulas for Patients with Dry Skin

PCCA Formula # 13097	Natural Moisturizing Factor (NMF) Cosmetic Topical Cream (XemaTop™)
PCCA Formula # 10925	Lotion Bars
PCCA Formula # 10417	Urea 20% Topical Gel (PracaSil®-Plus)
PCCA Formula # 10416	Urea 15%/PracaSil™-Plus Topical Gel (Spira-Wash®)
PCCA Formula # 10414	Urea 10%/Sodium Hyaluronate/PracaSil®-Plus Topical Gel (Spira-Wash®)
PCCA Formula # 10059	Moisturizing Topical Cream

### Commonly Requested Formulas for Patients with Ear and Sinus Infections

PCCA Formula # 5417	Xylitol 2 Gm Sorbitol Lollipop Base
PCCA Formula # 4516	Xylitol 40% Oral Syrup
PCCA Formula # 9642	Xylitol 66.7% Oral Syrup
PCCA Formula # 9641	Xylitol 60% Oral Syrup

### Commonly Requested Formulas for Patients with Nausea/Vomiting

PCCA Formula # 12375	Promethazine HCl 12.5 mg/Gm to 25 mg/Gm Topical Lipoderm® (FormulaPlus™  BUD Bracketed Study) <b>Promethazine – reminder of Black Box Warning for children.</b>
PCCA Formula # 13296	Promethazine HCl 125 mg/Gm Topical Gel (PermE8® Anhydrous)
PCCA Formula # 13212	Ondansetron 20 mg/mL Topical Gel (PermE8® Anhydrous)
PCCA Formula # 13098	Ondansetron 20 mg/mL Topical Lipoderm® – <b>USP Monograph</b>

*The formulas and/or statements listed are provided for educational purposes only. They are compounding ideas that have commonly been requested by physicians, and have not been evaluated by the Food and Drug Administration. Formulas and/or material listed are not to be interpreted as a promise, guarantee or claim of therapeutic efficacy or safety. The information contained herein is not intended to replace or substitute for conventional medical care, or encourage its abandonment. Every patient is unique, and formulas should be adjusted to meet their individual needs.*