

# Commonly Requested Compounding Ideas for the Summertime

## Commonly Requested Formulas for Patients Needing Sun Care

PCCA Formula # 10685	Oxybenzone 3%/Octinoxate 5%/Sodium Hyaluronate Topical Gel (PracaSil™-Plus)
PCCA Formula # 12045	Acyclovir 5%/Lidocaine 1%/Oxybenzone 2.5% Lip Gel (MucoLox™)
PCCA Formula # 11707	Erythromycin 2%/Sunscreen Topical Cream (Clarifying™)
PCCA Formula # 11347	Glutathione 10%/Sunscreen Topical Cream
PCCA Formula # 8894	Octinoxate 7%/Oxybenzone 5% Topical Spray
PCCA Formula # 8922	Octinoxate 7.5%/Oxybenzone 5%/Sodium Hyaluronate Topical Cream
PCCA Formula # 9324	Fluorouracil 5%/Octinoxate 5% Lip Balm
PCCA Formula # 7643	Octinoxate 7%/Oxybenzone 5%/Vitamin E Acetate 0.5% Topical Foam (VersaBase®)
PCCA Formula # 0429	Sunscreen Lip Balm (PABA-Free)

## Commonly Requested Formulas for Patients with Sunburn Pain and Discomfort

PCCA Formula # 12257	Ketoprofen 5%/Lidocaine 0.5% Topical Gel (PracaSil™-Plus)
PCCA Formula # 10719	Aloe Vera 0.5% Topical Gel (PracaSil™-Plus)
PCCA Formula # 4856	Diclofenac Sodium 1.3% Topical Gel
PCCA Formula # 2194	Lidocaine 2%/Aloe Vera Topical Lotion
PCCA Formula # 6971	Aloe Vera 0.5%/Witch Hazel Extract 3% Topical Foam (VersaBase®)
PCCA Formula # 8929	Selenium 0.0003%/EGCg 1% Topical Serum

## Commonly Requested Formulas for Patients with Inflammation

PCCA Formula # 9448	Ketoprofen 10% Topical Lipoderm® (FormulaPlus™ BUD Study)
PCCA Formula # 9447	Ibuprofen 20% Topical Lipoderm® (FormulaPlus™ BUD Study)
PCCA Formula # 11096	Ketoprofen 10%/Cyclobenzaprine HCl 2% Topical Lipoderm® ActiveMax™ (FormulaPlus™ BUD Study)
PCCA Formula # 9450	Piroxicam 5% Topical Lipoderm® (FormulaPlus™ BUD Study)
PCCA Formula # 10706	Diclofenac Sodium 10% Topical Lipoderm® ActiveMax™
PCCA Formula # 9516	Ibuprofen 20%/Piroxicam 1% Topical Lipoderm®

## Commonly Requested Formulas for Patients with Excessive Perspiration

PCCA Formula # 12405	Glycopyrrolate 2% Topical Spray (RheoSpray™)
PCCA Formula # 12243	Glycopyrrolate 2% Topical Foam (VersaBase®)
PCCA Formula # 2385	Glycopyrrolate 1% Topical Cream
PCCA Formula # 9230	Glycopyrrolate 0.5% Topical Solution

## Commonly Requested Formulas for Patients with Bug Bites or Needing Itching Relief

PCCA Formula # 11321	Pitch Ointment (PracaSil™-Plus)
PCCA Formula # 12257	Ketoprofen 5%/Lidocaine 0.5% Topical Gel (PracaSil™-Plus)
PCCA Formula # 0817	Sulfur 100 mg/Potassium Acid Tartrate 16.7 mg Base A Troche
PCCA Formula # 9448	Ketoprofen 10% Topical Lipoderm® (FormulaPlus™ BUD Study)
PCCA Formula # 0127	Diphenhydramine HCl 3%/Tripeleminamine HCl 2%/Hydrocortisone Acetate 1% Compound Topical Gel
PCCA Formula # 6712	Hydrocortisone 1%/Diphenhydramine HCl 2%/Lidocaine HCl 1% Topical Foam
PCCA Formula # 0661	Diphenhydramine HCl 2%/Pramoxine HCl 1%/Hydrocortisone 0.5% Compound Topical Gel

## !Veterinary Applications – Don't Forget Fido

PCCA Formula # 2322	Diphenhydramine HCl 1%/Dexamethasone Sodium Phosphate 0.05% Topical Gel (Vet-Canine)
PCCA Formula # 12302	Diphenhydramine HCl 2%/Tranilast 1% Topical Gel (ZoSil™) (Vet)

## Commonly Requested Compounding Ideas for the Summertime (cont'd)

### Commonly Requested Formula for Patients Needing a Bug Repellant

PCCA Formula # 12655 Natural Mosquito Repellant Topical Spray

### Commonly Requested Formula for Patients with Stings

*Good for any type of sting where the stinger injects an acidic substance into the skin.*

PCCA Formula # 0662 Sting Neutralizer Topical Solution

### Commonly Requested Formulas for Patients with Lice

PCCA Formula # 4847 Aromatic Head Lice Formula

PCCA Formula # 10490 Benzyl Alcohol 5%/Tea Tree Oil 10%/Lavender Oil 1% Topical Lotion

### Commonly Requested Formulas for Patients Wanting to Prevent Airplane Airborne Germs

PCCA Formula # 5013 Tranilast 1%/Deoxy-D-Glucose (2) 0.19% in Shea Butter *Also known as "Fly Safe."*

PCCA Formula # 9355 Tranilast 1%/Deoxy-D-Glucose (2) 0.19%/EGCg 1%/Shea Butter *Also known as "Fly Safe with EGCg."*

### Commonly Requested Formulas for Patients with Nail Fungus

*Dispense these solutions in wide mouth amber bottles (PCCA #35-1412) with a brush cap (PCCA #35-2085)*

PCCA Formula # 4337 Itraconazole 1%/Ibuprofen 2%/DMSO Nail Solution

PCCA Formula # 3353 Fluconazole 1%/DMSO Topical Solution

PCCA Formula # 11577 Ciclopirox 8%/Fluconazole 1%/Terbinafine HCl 1% Topical Gel

PCCA Formula # 11839 Ketoconazole 2%/Urea 40%/DMSO Nail Suspension

PCCA Formula # 11990 Itraconazole 1%/Terbinafine HCl 3%/Tea Tree Oil 6.6%/Urea 10%/Biotin 0.6%/DMSO Nail Suspension

### Commonly Requested Formulas for Patients with Fungal Skin Infections

PCCA Formula # 9329 Ketoconazole 2%/Miconazole 2%/Clotrimazole 1% Topical Cream (VersaBase®)

PCCA Formula # 4650 Clotrimazole 2%/Ibuprofen 2%/Tea Tree Oil 1% Topical Cream

PCCA Formula # 4435 Ketoconazole 2%/Tea Tree Oil 5%/DMSO Topical Solution

PCCA Formula # 1001 Amphotericin B 3% Topical Lotion

### Commonly Requested Formulas and Products for Patients Interested in Weight Loss/Fat Reduction

#### **HCG Diet**

PCCA Document # 98130 Compounding Ideas/Formulations Marketing Sheet – HCG Diet

PCCA Document # 98379 Video on Demand Webinar Overview: HCG for Weight Loss (#45-2170)

PCCA Document # 98325 *Is HCG the Missing Link?* by Larry Thorne, BScPharm, RPh (Consultant's Corner, 05-11 *Apothagram*)

PCCA Formula # 10219 Chorionic Gonadotropin 125 U Base A Troche (Tablet Triturate 100 mg Mold)

#### **Other**

PCCA Formula # 5524 Phentermine 15 mg Sorbitol Lollipop™ Base

PCCA Formula # 4080 Phentermine HCl 37.5 mg/Chromium Picolinate 300 mcg/Hydroxytryptophan (L-5) 100 mg Slow Release Capsules Size #0

PCCA Document # 98763 Wellness Works Newsletter – Weight Loss Nutritional Support

- WW Item # 10060 Fiber Blend Natural Mix of Soluble Fibers

- WW Item # 10036 Chromium Picolinate 200 mcg
- WW Item # 10282 Perfect Protein Powder
- WW Item # 10300 Diet Support with Garcinia Cambogis
- WW Item # 10245 CoEnzyme-B
- WW Item # 10271 Active Life Nutrient Capsules

PCCA Document # 98923 Wellness Works Newsletter – Detoxification Support

- WW Item # 10325 Liposomal Glutathione 250 mg
- WW Item # 10228 NAC 600 mg
- WW Item # 10322 Alpha Lipoic Acid 300 mg
- WW Item # 10332 Vitamin C Esterified 500 mg

### Commonly Requested Formulas for Patients Who Are Trying to Reduce the Appearance of Cellulite

PCCA Formula # 7955 Glycolic Acid 10% (W/W)/Lactic Acid 8% (W/W) Topical Day Gel (Day Gel)

PCCA Formula # 7956 Caffeine Citrated/Green Tea Extract/Lipoic Acid Topical Cream (Night Cream)

### Commonly Requested Formulas for Patients Interested in Anti-Aging and Microneedling

PCCA Document # 99244 *Microneedling: What You Can Offer - Featured Story by Ranel Larsen (07-16 Apothagram)*

#### Common Cosmetic Ingredients

- PCCA # 30-1705 or 30-4301 or 30-3856 Hyaluronic Acid **Aids as a moisturizer.**
- PCCA # 30-2949 Beta Glucan **Helps to repair the cellular wall.**
- PCCA # 30-4903 Retinol Molecular **A vitamin A that works as an antioxidant.**
- PCCA # 30-1689 Niacinamide **Skin restoring; decreases appearance of pore size, improves appearance of fine lines and helps against environmental damage.**
- PCCA # 30-1483 Ascorbic Acid **Antioxidant**
- PCCA # 30-3697 Acetyl Hexapeptide-8 **Reduces the appearance of wrinkles brought on by repeated facial expressions.**
- PCCA # 30-3771 Acetyl Dipeptide **Helps with muscle relaxation to decrease wrinkle expressions.**

PCCA Document # 98129 *Commonly Requested Compounding Ideas for Patients Interested in Cosmeceuticals*

PCCA Formula # 12343 Hyaluronic Acid 1%/Beta Glucan 0.5%/Niacinamide 5%/Retinol Molecular 1% Topical Biopeptide Cream

PCCA Formula # 12071 Sodium Hyaluronate 0.75%/Ascorbic Acid 10% Topical Serum

PCCA Formula # 12342 Hyaluronic Acid 0.75%/Beta Glucan 0.5%/Niacinamide 5% Topical Biopeptide Cream

PCCA Formula # 12346 Hyaluronic Acid 0.75%/Retinol Molecular 1% Topical Gel (PracaSil™-Plus)

PCCA Formula # 12349 Retinol Molecular 2%/Ascorbic Acid 5% Topical Biopeptide Cream

PCCA Formula # 12345 Hyaluronic Acid 0.75%/Beta Glucan 0.5%/Niacinamide 5%/Retinol Molecular 1% Topical Gel (PracaSil™-Plus)

PCCA Formula # 12348 Retinol Molecular 2%/Ascorbic Acid 5% Topical Serum

PCCA Formula # 7562 Mandelic Acid 2%/Glycolic Acid 2% (W/W)/Lactic Acid 3% (W/W)/Beta Glucan 0.6%/Panthenol 1.5%/Sodium Pyrrolidone Carboxylate 2% Topical Gel *Combining AHAs improves the appearance of fine lines and help decrease the appearance of pore size.*

PCCA Formula # 12152 Caffeine Citrate 1%/Phenylephrine 0.1%/Squalane 2% Topical Serum *This fast-drying formula can be used around the eyes to stimulate circulation and moisturize and decrease the appearance of fine lines.*

PCCA Formula # 9847	Acetyl Hexapeptide 15%/Acetyl Dipeptide 3% Topical Serum
PCCA Formula # 8743	Palmitoyl Pentapeptide 5%/Acetyl Hexapeptide 15% Eye Cream
PCCA Formula # 12037	Estriol 0.1%/Palmitoyl Pentapeptide 5%/Acetyl Hexapeptide 15% Biopeptide Eye Cream (PCCA Dilution) <i>The combined peptides improve collagen production in the skin and moisturize.</i>
PCCA Formula # 12062	Ascorbyl Palmitate 10%/Estriol 0.05%/Retinol Molecular 1% Topical Cream (XemaTop™)
PCCA Formula # 11713	Sodium Hyaluronate 0.05%/Collagen/Aloe Vera/Glycolic Acid/Vitamin E Acetate Topical Cream (Clarifying™) <i>Ideal anti-aging option for acne/oily skin which moisturizes, reduces the appearance of wrinkles and pores and restores the skin membrane.</i>
PCCA Formula # 7557	Sodium Ascorbyl Phosphate 6%/Phytonadione 0.5%/Urea 2%/ Vitamin E Acetate 1% Compound Eye Cream <i>Reduces the appearance of dark circles under the eye.</i>

*The formulas and/or statements listed are provided for educational purposes only. They are compounding ideas that have commonly been requested by physicians, and have not been evaluated by the Food and Drug Administration. Formulas and/or material listed are not to be interpreted as a promise, guarantee or claim of therapeutic efficacy or safety. The information contained herein is not intended to replace or substitute for conventional medical care, or encourage its abandonment. Every patient is unique, and formulas should be adjusted to meet their individual needs.*