

# Commonly Requested Compounding Ideas for Patients Experiencing Pain

## Commonly Requested Formulas for Patients with Arthritis/Joint Pain

See PCCA Document #99205, *A New Approach to Arthritis by Andy Glasnapp – Consultant's* Corner (11-15 Apothagram

PCCA Formula # 9446	Glutathione 20% (W/W) Topical Lipoderm® (FormulaPlus™ BUD Study)
PCCA Formula # 12050	Magnesium Chloride Hexahydrate 10% Topical Lipoderm®
PCCA Formula # 9861	Cetyl Myristoleate 2% Topical Lipoderm®
PCCA Formula # 10805	Naltrexone HCl 0.5 mg Capsules Size #1 (LoxOral™)
PCCA Formula # 10803	Naltrexone HCl 4 mg Capsules Size #3 (LoxOral™) See PCCA Document #99100, <i>Video on Demand Overview: Low-Dose Naltrexone – January 26, 2016 (#45-2300)</i> , and PCCA Document #99139, <i>The Possibilities of Naltrexone by Sebastian Denison (03-16 Apothagram)</i> .
PCCA Formula # 9448	Ketoprofen 10% Topical Lipoderm® (FormulaPlus™ BUD Study)
PCCA Formula # 9447	Ibuprofen 20% Topical Lipoderm® (FormulaPlus™ BUD Study)

## Commonly Requested Formulas for Patients with Inflammation

PCCA Formula # 9448	Ketoprofen 10% Topical Lipoderm® (FormulaPlus™ BUD Study)
PCCA Formula # 9447	Ibuprofen 20% Topical Lipoderm® (FormulaPlus™ BUD Study)
PCCA Formula # 11096	Ketoprofen 10%/Cyclobenzaprine HCl 2% Topical Lipoderm® ActiveMax™ (FormulaPlus™ BUD Study)
PCCA Formula # 9450	Piroxicam 5% Topical Lipoderm® (FormulaPlus™ BUD Study)
PCCA Formula # 10706	Diclofenac Sodium 10% Topical Lipoderm® ActiveMax™
PCCA Formula # 9516	Ibuprofen 20%/Piroxicam 1% Topical Lipoderm®

## Commonly Requested Formulas for Patients with Neuropathic Pain

PCCA Formula # 10835	Ketamine HCl 5%/Gabapentin 10%/Clonidine HCl 0.2%/Baclofen 2% Topical Lipoderm® (FormulaPlus™ BUD Study)
PCCA Formula # 11091	Ketamine HCl 10%/Baclofen 2%/Cyclobenzaprine HCl 2%/Gabapentin 6%/Lidocaine 5% Topical Lipoderm® ActiveMax™
PCCA Formula # 10862	Ketamine HCl 10%/Diclofenac Sodium 8%/Gabapentin 6%/Bupivacaine HCl 1%/Cyclobenzaprine HCl 2%/Baclofen 2% Topical Lipoderm® ActiveMax™
PCCA Formula # 10319	Flurbiprofen 10%/Cyclobenzaprine HCl 1%/Gabapentin 6%/Lidocaine 2%/Prilocaine HCl 2% Topical Lipoderm® (FormulaPlus™ BUD Study)
PCCA Formula # 10287	Diclofenac Sodium 5%/Gabapentin 5%/Amitriptyline HCl 2% Topical Lipoderm® ActiveMax™ (FormulaPlus™ BUD Study)

## Commonly Requested Formulas for Patients with Muscle Spasms

PCCA Formula # 9791	Guaifenesin 10% Topical Lipoderm®
PCCA Formula # 10154	Magnesium Sulfate Heptahydrate 10% Topical Lipoderm® ActiveMax™
PCCA Formula # 10056	Guaifenesin 10%/Magnesium Sulfate Heptahydrate 10% Topical Lipoderm®
PCCA Formula # 11090	Flurbiprofen 10%/Baclofen 2%/Cyclobenzaprine HCl 2%/Tetracaine 2% Topical Lipoderm® ActiveMax™ (FormulaPlus™ BUD Study)
PCCA Formula # 11096	Ketoprofen 10%/Cyclobenzaprine HCl 2% Topical Lipoderm® ActiveMax™ (FormulaPlus™ BUD Study)

### Commonly Requested Formulas for Patients with Bone Pain

PCCA Formula # 11251	Ibuprofen 400 mg/5 mL Oral Suspension (SuspendIt™)
PCCA Formula # 2491	Ibuprofen 400 mg Base MBK Suppository (Pink Mold)
PCCA Formula # 9114	Ibuprofen 600 mg Base MBK Suppository (Large Shell Mold)
PCCA Formula # 9115	Ibuprofen 800 mg Base MBK Suppository (Large Shell Mold)
PCCA Formula # 7790	Ibuprofen 800 mg/5 mL Oral Suspension

### Commonly Requested Formulas for Patients with Plantar Fasciitis

PCCA Formula # 10319	Flurbiprofen 10%/Cyclobenzaprine HCl 1%/Gabapentin 6%/Lidocaine 2%/Prilocaine HCl 2% Topical Lipoderm® (FormulaPlus™ BUD Study)
PCCA Formula # 10288	Lidocaine 2%/Diclofenac Sodium 3%/Cyclobenzaprine HCl 2%/Baclofen 2% Topical Lipoderm® ActiveMax™
PCCA Formula # 10586	Tramadol HCl 5%/Lidocaine 5%/Cyclobenzaprine HCl 2%/Diclofenac Sodium 5%/Menthol 1%/DMSO 5% Topical Lipoderm® Activemax™
PCCA Formula # 10612	Flurbiprofen 10%/Amitriptyline HCl 1%/Gabapentin 6%/Lidocaine 2%/Prilocaine 2%/Magnesium Chloride 5% Topical Lipoderm® ActiveMax™
PCCA Formula # 10862	Ketamine HCl 10%/Diclofenac Sodium 8%/Gabapentin 6%/Bupivacaine HCl 1%/Cyclobenzaprine HCl 2%/Baclofen 2% Topical Lipoderm® ActiveMax™
PCCA Formula # 11090	Flurbiprofen 10%/Baclofen 2%/Cyclobenzaprine HCl 2%/Tetracaine 2% Topical Lipoderm® ActiveMax™ (FormulaPlus™ BUD Study)
PCCA Formula # 11091	Ketamine HCl 10%/Baclofen 2%/Cyclobenzaprine HCl 2%/Gabapentin 6%/Lidocaine 5% Topical Lipoderm® ActiveMax™
PCCA Formula # 9450	Piroxicam 5% Topical Lipoderm® (FormulaPlus™ BUD Study)
PCCA Formula # 9378	Ketoprofen 20%/Ibuprofen 2%/Ketamine 2%/Clonidine 0.2%/Amitriptyline HCl 2%/Guaifenesin 2% Topical Lipoderm®
PCCA Formula # 9381	Ketoprofen 10%/Guaifenesin 10%/Capsaicin 0.025%/Lidocaine 2%/Amitriptyline HCl 2% Topical Lipoderm®
PCCA Formula # 9874	Ketoprofen 10%/Cyclobenzaprine HCl 2% Topical Lipoderm® (FormulaPlus™ BUD Study)
PCCA Formula # 9379	Baclofen 2%/Ketoprofen 10%/Lidocaine 5%/Gabapentin 5% Topical Lipoderm®
PCCA Formula # 9375	Amitriptyline HCl 2%/Ketoprofen 2%/Carbamazepine 2% Topical Lipoderm®

### Commonly Requested Formulas for Patients with Migraines

PCCA Formula # 11087	Sumatriptan 4%/Meloxicam 2%/Topiramate 5% Topical Lipoderm®
PCCA Formula # 9379	Baclofen 2%/Ketoprofen 10%/Lidocaine 5%/Gabapentin 5% Topical Lipoderm®
PCCA Formula # 10154	Magnesium Sulfate Heptahydrate 10% Topical Lipoderm® ActiveMax™
PCCA Formula # 7921	Diclofenac Sodium 4% Topical Lipoderm®
PCCA Formula # 11873	Lidocaine HCl 4%/Ketamine 2.5% Buffered Nasal Spray
PCCA Formula # 7825	Lidocaine HCl 4% Isotonic Nasal Spray
PCCA Formula # 4454	Riboflavin 200 mg/Caffeine 30 mg/Ketoprofen 12.5 mg Capsules Size #1

### Commonly Requested Formulas for Patients with Allodynia

*Sometimes people have pain on the skin upon which they cannot apply cream. Using a spray or foam may make them comfortable enough to apply Lipoderm®*

PCCA Formula # 11022	Ketoprofen 10%/Cyclobenzaprine HCl 2%/Amitriptyline HCl 2%/DMSO 15% Topical Spray
PCCA Formula # 10538	Lidocaine HCl 10%/Tetracaine HCl 5%/Prilocaine HCl 5%/Bupivacaine HCl 1% Topical Spray
PCCA Formula # 6734	Ketamine HCl 2%/Morphine Sulfate 2% Topical Foam

PCCA Formula # 5026 Ketamine HCl 4%/Morphine Sulfate 4% Topical Spray  
PCCA Formula # 5027 Ketamine HCl 10%/Bupivacaine HCl 0.3% Topical Spray

#### Commonly Requested Formulas for Patients with Radiation Burns

See PCCA Document #98741, *PracaSil™-Plus Case Study: Radiation Burn Skin (Acinic Cell Carcinoma)*, and PCCA Document #98870, *PracaSil-Plus Case Study: Open Wound After Radiation*.

PCCA Formula # 11041 Misoprostol 0.0024%/Lidocaine HCl 2% Topical Lotion (VersaBase®)  
PCCA Formula # 11396 Ketoprofen 2%/Lidocaine 2%/Misoprostol 0.0024%/Phenytoin 2%/Aloe Vera 0.2% Topical Gel (PracaSil™-Plus)  
PCCA Formula # 10944 Allantoin 2%/Vitamin D3 1000 IU/Gm/Aloe Vera 0.5% Spira-Wash™ Gel  
PCCA Formula # 10137 Ketoprofen 2%/Lidocaine 2%/Aloe Vera 0.2%/Phenytoin 2% Topical Cream (Occlusaderm®)

#### Commonly Requested Formulas for Patients with Painful Wounds

PCCA Formula # 11964 Arginine HCl 1%/Aloe Vera 0.2%/Misoprostol 0.0024%/Naltrexone HCl 1%/Phenytoin 2% Topical Gel (Spira-Wash™)  
PCCA Formula # 11971 Phenytoin 5%/Naltrexone HCl 1% Topical Gel (Spira-Wash™)  
PCCA Formula # 12074 Beta Glucan 0.5%/Naltrexone HCl 0.5% Topical Spray (MucoLox™)  
PCCA Formula # 11975 Aloe Vera 0.2%/Arginine HCl 1%/Misoprostol 0.0024%/Naltrexone HCl 1% Topical Gel (MucoLox™)  
PCCA Formula # 7034 Morphine Sulfate 1 mg/mL Topical Gel

#### Commonly Requested Formulas for Patients with Vaginal Pain

PCCA Formula # 11108 Amitriptyline HCl 2%/Baclofen 2% Vaginal Gel (MucoLox™)  
PCCA Formula # 11109 Ketamine HCl 0.5%/Diazepam 1%/Baclofen 2% Vaginal Gel (MucoLox™/VersaBase®)  
PCCA Formula # 11110 Gabapentin 6% Vaginal Gel (MucoLox™/VersaBase®)  
PCCA Formula # 11114 Diazepam 10 mg/Gm Vaginal/Rectal Gel (MucoLox™/VersaBase®) (FormulaPlus™ BUD Study)  
PCCA Formula # 6988 Atropine Sulfate 2.5 mg/Ketoconazole 100 mg/Biotin 100 mg Base MBK Suppository (Blue Mold)

#### Commonly Requested Formulas for Patients with Radiation Proctitis

PCCA Formula # 11928 Lidocaine HCl 1%/Beta Glucan 0.5%/Dexpanthenol 1%/Glutamine 2% Rectal Suspension Enema (MucoLox™)  
PCCA Formula # 4297 Retention Enema Vehicle

#### Commonly Requested Formulas for Patients with Irritable Bowel Syndrome (IBS)

PCCA Formula # 11373 Tacrolimus 4 mg/60 mL Rectal Enema (MucoLox™)  
PCCA Formula # 4297 Retention Enema Vehicle

#### Commonly Requested Formulas for Patients with Rectal Spasms

PCCA Formula # 11126 Baclofen 2%/Guaifenesin 5%/Cyclobenzaprine HCl 2% Rectal Gel (MucoLox™)  
PCCA Formula # 9606 Baclofen 20 mg/Guaifenesin 50 mg/Cyclobenzaprine HCl 20 mg Base MBK Suppository (Pink Mold)

#### Commonly Requested Formula for Patients Experiencing Constipation with Opioids

PCCA Formula # 10804 Naltrexone HCl 0.5 mg Capsules Size #3 (LoxOral™)

#### Commonly Requested Formulas for Patients with Oral Mucositis Pain from Chemotherapy/Radiation

PCCA Formula # 11144 Stanford Modified Mouthwash (MucoLox™)  
PCCA Formula # 11145 Stanford Mouthwash (MucoLox™)

PCCA Formula # 11133	Misoprostol 0.0024%/Diphenhydramine HCl 0.1%/Lidocaine HCl 1% Oral Rinse (MucoLox™)
PCCA Formula # 11128	Doxepin HCl 0.5% Mouthwash (MucoLox™) (FormulaPlus™ BUD Study)
PCCA Formula # 11382	Lidocaine HCl 1%/Beta Glucan 0.5%/Dexpanthenol 1%/Vitamin E Acetate 2%/Glutamine 2% Popsicle (MucoLox™)
PCCA Formula # 11134	Misoprostol 0.0024%/Ketoconazole 1% Compound Oral Rinse (MucoLox™)
PCCA Formula # 11132	Lidocaine HCl 2% Oral Rinse (MucoLox™)
PCCA Formula # 11120	Beta Glucan 0.5%/Dexpanthenol 1%/Vitamin E Acetate 2% Oral Rinse (MucoLox™)
PCCA Formula # 11138	Dexamethasone 3.3 mcg/mL/Tetracycline HCl 13.5 mg/mL/Nystatin 16,667 U/mL/Diphenhydramine HCl 1.25 mg/mL Mouthwash (Mucolox™)
PCCA Formula # 11431	Morphine Sulfate 2% Oral Rinse (MucoLox™)
PCCA Formula # 11139	Glutamine 1 Gm/5 mL Oral Suspension (MucoLox™)
PCCA Formula # 11382	Lidocaine HCl 1%/Beta Glucan 0.5%/Dexpanthenol 1%/Vitamin E Acetate 2%/Glutamine 2% Popsicle (MucoLox™)
PCCA Formula # 5380	Tetracaine HCl 0.5% Sorbitol Lollipop™ Base

### Commonly Requested Formulas for Patients with Burning Mouth Syndrome

PCCA Formula # 11128	Doxepin HCl 0.5% Mouthwash (MucoLox™) (FormulaPlus™ BUD Study)
PCCA Formula # 11127	Amitriptyline HCl 2%/Gabapentin 6%/Lidocaine HCl 0.5% Oral Rinse (MucoLox™)
PCCA Formula # 11412	Ketamine HCl 3%/Amitriptyline HCl 2%/Gabapentin 6%/ Lidocaine HCl 0.5% Oral Rinse (MucoLox™)
PCCA Formula # 10893	Salicylic Acid 0.3% Mouthwash (MucoLox™)
PCCA Formula # 3327	Capsaicin 0.25 mg Base A Troche

### Commonly Requested Formulas for Patients with Hand-Foot Syndrome

See PCCA Document # 99083, *Hand-Foot Syndrome by Andy Glasnapp – Consultant's Corner (11-15 .(Apothagram*

PCCA Formula # 10608	Salicylic Acid 5%/Urea 20%/Ammonium Lactate 12% Topical Cream
PCCA Formula # 3669	Urea 20%/Lactic Acid 5% (W/W) Topical Cream
PCCA Formula # 9448	Ketoprofen 10% Topical Lipoderm® (FormulaPlus™ BUD Study)
PCCA Formula # 9377	Amitriptyline HCl 2%/Baclofen 2% Topical Lipoderm®
PCCA Formula # 8541	Ketamine 10%/Gabapentin 6%/Clonidine 0.2%/ Nifedipine 2% Topical Lipoderm®

### Commonly Requested Formulas for Patients with Pain Needing Oral Suspensions

PCCA Formula # 11251	Ibuprofen 400 mg/5 mL Oral Suspension (SuspendIt™)
PCCA Formula # 11379	Hydrocodone Bitartrate 10 mg/5 mL/Acetaminophen 325 mg/5 mL Oral Suspension (SuspendIt™)
PCCA Formula # 11260	Morphine Sulfate 100 mg/5 mL Oral Suspension (SuspendIt™)
PCCA Formula # 11725	Morphine Sulfate 1 mg/mL Oral Suspension (SuspendIt™)
PCCA Formula # 11264	Oxycodone HCl 20 mg/mL Oral Suspension (SuspendIt™)

### Commonly Requested Formulas for Patients with Amputation Pain

PCCA Formula # 10835	Ketamine HCl 5%/Gabapentin 10%/Clonidine HCl 0.2%/Baclofen 2% Topical Lipoderm® (FormulaPlus™ BUD Study)
PCCA Formula # 9378	Ketoprofen 20%/Ibuprofen 2%/Ketamine 2%/Clonidine 0.2%/Amitriptyline HCl 2%/Guaifenesin 2% Topical Lipoderm®
PCCA Formula # 9381	Ketoprofen 10%/Guaifenesin 10%/Capsaicin 0.025%/Lidocaine 2%/Amitriptyline HCl 2% Topical Lipoderm®
PCCA Formula # 9379	Baclofen 2%/Ketoprofen 10%/Lidocaine 5%/Gabapentin 5% Topical Lipoderm®
PCCA Formula # 9380	Ketoprofen 5%/Cyclobenzaprine HCl 0.5%/Lidocaine HCl 5%/Bupivacaine HCl 1% Topical Lipoderm®

### Commonly Requested Formulas for Patients Requiring Ultrasound (Phonophoresis)

PCCA Formula # 4430	Hydroxyethyl Cellulose 3% Aqueous Gel (PF)
PCCA Formula # 5046	Hydrocortisone 10% Ultrasound Gel (PF)
PCCA Formula # 5041	Dexamethasone 1.5%/Lidocaine HCl 4% Ultrasound Gel (PF)

### Commonly Requested Formulas for Patients Requiring Iontophoresis

PCCA Formula # 10306	Ketoprofen 10%/Guaifenesin 5%/Gabapentin 5% Iontophoresis Solution (PF)
PCCA Formula # 10304	Lidocaine HCl 10%/Amitriptyline HCl 5%/Cyclobenzaprine HCl 5% Iontophoresis Solution (PF)
PCCA Formula # 8277	Gabapentin 6% Iontophoresis Solution
PCCA Formula # 5051	Lidocaine HCl 4% Iontophoresis Solution (PF)
PCCA Formula # 7666	Ketoprofen 10% Iontophoresis Solution (PF)
PCCA Formula # 5042	Dexamethasone 0.4% Iontophoresis Solution (PF)

### Commonly Requested Formulas for Patients Needing Anesthetics Before Laser Procedures

PCCA Formula # 10117	Benzocaine 20%/Lidocaine 6%/ Tetracaine 4%Topical Ointment (Plasticized™)
PCCA Formula # 11652	Benzocaine 20%/Lidocaine 10%/Tetracaine 4% Topical Cream (VersaBase®)
PCCA Formula # 12073	Benzocaine 10%/Lidocaine 5%/Tetracaine 2% Topical Cream (VersaBase®)
PCCA Formula # 5733	Lidocaine 6%/Tetracaine 6%/Benzocaine 4% Topical Gel

### Commonly Requested Formulas for Patients Needing Anesthetics Before Non-Laser Procedures (Needle Sticks)

PCCA Formula # 9872	Benzocaine 20%/Lidocaine 6%/Tetracaine 4%/DMSO 10% Topical Lipoderm® (FormulaPlus™ BUD Study)
PCCA Formula # 9445	Benzocaine 20%/Lidocaine 6%/Tetracaine 4% Topical Lipoderm® (FormulaPlus™ BUD Study)

*The formulas and/or statements listed are provided for educational purposes only. They are compounding ideas that have commonly been requested by physicians, and have not been evaluated by the Food and Drug Administration. Formulas and/or material listed are not to be interpreted as a promise, guarantee or claim of therapeutic efficacy or safety. The information contained herein is not intended to replace or substitute for conventional medical care, or encourage its abandonment. Every patient is unique, and formulas should be adjusted to meet their individual needs.*