



Oстера®

Promotes Healthy Bone Remodeling in Postmenopausal Women*

Form: Tablets

Flavor:

Size: 60 Tablets

This scientifically advanced formula features selective kinase response modulators (SKRMs) in the form of RIAA, berberine, and vitamins D and K to help nutritionally support healthy bone remodeling during the aging process. Recommended for use with Bone Builder®—an advanced bioactive formulation for bone mineralization support.*

Ingredients	Amount Per Serving	% Daily Value
Serving Size	1 Tablet	
Servings Per Container	60	
Vitamin D (as cholecalciferol)	500 IU	63%
Vitamin K (as phytonadione)	500 mcg	417%
Berberine HCl (<i>Phellodendron amurense</i> bark extract)	90 mg	*
Reduced Iso-Alpha Acids Complex (from hops extract, <i>Humulus lupulus</i> L.)	370 mg	*

Other Ingredients: Microcrystalline cellulose, stearic acid (vegetable), croscarmellose sodium, calcium silicate, silica, and coating (hypromellose, medium-chain triglycerides, and hydroxypropylcellulose).

Directions: Take one tablet twice daily, or as directed by your healthcare practitioner.

This product non-GMO and gluten-free.

Warning: If pregnant, nursing, or taking medication, please consult your healthcare practitioner before use.

Caution: Keep out of the reach of children.

Storage: Keep tightly closed in a cool, dry place.

*Daily Value not established.